



OPTIMUM CHOICES, LLC
Healthy choices for people and pets

Lymphoma Case Study and Bio-Algae Concentrates

Part 1 – Iris gets cancer

Posted on January 9, 2011 by mlouie



Iris loves to eat grass in our yard

Since we feed our animals a healthy, raw diet with whole food supplements, and give them minimal vaccinations, we have tended to assume that their health would improve under our care and we would avoid chronic illnesses. The week before Christmas, we were shocked when our cat, Iris, fell suddenly ill and was diagnosed with advanced cancer. Always a finicky cat, she had become more finicky than normal in the previous couple of weeks, but when she totally stopped eating on December 16, I knew something was seriously wrong. I took the morning off work the next day, a Friday, to take her to the vet to find out what was wrong. The exam showed nothing wrong except a fever, but the bloodwork came back the next day indicating a likely bacterial infection. We were relieved and started her on antibiotics. However, the antibiotics did not improve her symptoms of lethargy and not eating. So it was back to the vet on Monday. Fortunately I had scheduled that week off work due to the Christmas holidays. She got fluids and acupuncture, and we switched her to injectable antibiotics, thinking that the antibiotics were causing her continued lack of appetite. I now had to start syringing food into her, since she hadn't eaten for several days. I overdid that Monday night and she threw up

everything I'd syringed into her. With the continued lack of appetite the next day, the vet recommended further testing, to see if she had developed fatty liver from not eating, or had pancreatitis. So, an ultrasound was run on her Tuesday. I was now thankful to have pet insurance on her, since the costs were mounting up. The vet called Tuesday afternoon with the results and I was shocked to hear that Iris had intestinal lymphoma—the ultrasound showed all the signs of an advanced case. Strangely, this type of cancer, which is very common in cats, can come on suddenly in just a matter of weeks.

The vet, who is holistic, could offer no treatment other than palliative care. In fact, she was talking about euthanasia and hospice care, as our only options at this point. I called our previous vet, a classical homeopath, and her vet tech told me the same thing—that lymphoma in cats is always terminal and there is no effective holistic treatment for it. I was shocked and dismayed by this news. I picked up Iris Tuesday evening, along with a homotoxicology remedy and some Chinese herbs, recommended by the vet. After 2 days of fluids and acupuncture, she was feeling better and I was encouraged to see her eat a whole plate of food at home and play with the laser toy. That was the most food she'd eaten in over 4 days. She also wanted some food the following morning at 5:30 am, though not as much. However, the acupuncture and fluids wore off and she started declining again, becoming lethargic, hiding under the bed and not wanting to eat much. From Internet research, I learned that the conventional treatment for lymphoma is prednisone and chemotherapy, neither of which cures it. They typically only buy a little time. So we quickly ruled out pursuing conventional treatment.

Obviously we couldn't keep taking Iris to the vet every day for fluids and acupuncture. Not only would that be cost prohibitive but we were traveling 25 miles to the vet. Even though we live in a major metropolitan area, that's how far we have to go to reach a holistic vet that also offers conventional treatment. Good holistic vets are few and far between. And I would be returning to work the following week and unable to ferry Iris to the vet. With Iris being so ill, we had to act quickly to get Iris eating again if we wanted her to have any chance of recovering or at least improving for a period of time. So, we came up with our own program for Iris, aided by the advice of our holistic human practitioners and an animal communicator. We decided to start giving her both BioPreparation-f3+ and PSP, a rice-based supplement. These are both cellular foods, meaning they provide food for the cells allowing the body to heal any condition, including cancer. She had previously been on the BioPreparation-f2+ formula, but the F3+ formula is the one typically used for cancer, as it has more antioxidants. She had

also previously been on the PSP, but we stopped using it on our animals last summer when the manufacturer merged with another company and the quality declined. However, I still had some of the original formula stored in the freezer. Also, we had been using an energetic tool with our animals, remedies made by stirring magnetized Stili in water, to transfer the energy of the herbs to the water. I consulted with the practitioner selling those to see which ones would be best for Iris now. I started mixing the BioPreparation and PSP with the Stili remedies (which are energized water), then syringing that into her. She was still eating a little so I didn't have to syringe food into her yet.

I also suspected some emotional issues going on, which could have precipitated her current illness. In early November she had been stuck in a tree for 2 days and nights before we found her. I felt that could have brought up some issues of abandonment and feeling unwanted, that were already present. She got sick after that with an upper respiratory virus, which she was still recovering from.

The next day, Wednesday, we were able to get an appointment with an animal communicator we know, who confirmed that Iris had some serious issues going on around feeling unwanted, not just by us but throughout this life and past lives. The tree incident brought all that to the forefront. The communicator said Iris was not ready to leave her body and did want us to help her recover, if possible. So we went thru the (by now long) list of options:

- From the vet: subcutaneous fluids, homeotoxicology remedy and Chinese herb
- From the human practitioner: Intramax (liquid supplement) and Maitake mushroom extract
- From our experience: BioPreparation-f3+, PSP, Stili remedies

Iris was overwhelmed by all these options and asked us to whittle it down to half this. We felt we needed to get maximum nutrition into Iris since she hadn't been eating, so the BioPreparation and PSP were top priority to us, even though energetic testing of Iris by the human practitioner had shown Intramax and Maitake as top priority. Also, Iris said if we wanted to do the homeotoxicology remedy from the vet, then we couldn't also do the BioPreparation and PSP. And she did not want the Chinese herb at all, insisting it would make her stomach hurt. By negotiating with Iris (via the animal communicator), we settled on mixing together the Intramax, BioPreparation, PSP and Stili remedies and

syringing that into her, plus administering subcutaneous fluids. I was worried not to be doing the Maitake but Iris insisted it was too much for her body to add that to the mixture. Maybe in a week or two we could add it.

Iris also wanted to talk to us about our other cat, Simba, insisting that he was getting more attention and privileges than her. She felt neglected and unwanted by us, like she always got the “short end of the stick”. She said everyone else’s needs came before hers. So we discussed some options for providing more attention to Iris and keeping Simba away from her. It became clear from talking with the animal communicator that Iris was quite unhappy with the situation and this certainly could be contributing to her illness.

We started with the agreed-upon program of supplements right away. I had also put out a request on Facebook the day Iris was diagnosed, for people to send prayers and healing energy to Iris. Since some of my friends are Reiki masters, this meant she got remote Reiki treatments, which I am sure helped. (In fact, Iris told the communicator that we were giving her too much Reiki and not to overdo it.)

I didn’t want to get my hopes up but was pleasantly surprised to see Iris quickly respond to the program. Her appetite improved, so we didn’t have to syringe any more food into her, just the supplements. She didn’t eat as much as when healthy but over the course of just a couple of days, started eating more quantity and more frequently. She wanted to go outside, and was happy when I took her out on a harness and leash (I couldn’t let her out loose like before, as a sick cat would be easy prey for a predator, plus she could start feeling ill and hide under a bush, where we would never find her.)

Update as of 1/4/11

Iris was acting so well by now that we wondered if she even still had the cancer. We were really astounded at how quickly she had improved. She was eating normal amounts of food, playing and asking to go out. I no longer had to administer subcutaneous fluids to her, as she was eating sufficient food to stay hydrated. I saw the human health practitioner this day, who still picked up cancer in Iris with her energetic testing. The BioPreparation-f3+ did not test good for her, showing that it was stressing her kidneys. Also, the Intramax liquid supplement no longer tested good. In contrast, the BioSuperfood-f2 formula tested good. We had only started the Maitake a couple of days ago, just giving 1 drop/day. The practitioner suggesting giving 3 drops 2x/day. I was

reluctant to switch from the F3+ to the F2 formula, as the “3” formulas are indicated in the case of cancer. On the other hand, she was still testing as having cancer, so I decided it would be worthwhile to switch and see how she responded. We could always switch back to previous formula if Iris started declining.

Update as of 1/9/11

So far, Iris is doing well on the supplements suggested by the human health practitioner. We are now giving her daily:

- 2 drops Unda 1 (homeopathic drainage remedy for the liver)
- 1 capsule BSF F2
- $\frac{3}{4}$ scoop PSP
- 6 drops Maitake mushroom extract
- When possible, we add some Wild Kitty supplements to her food, which helps to balance the raw food with any missing nutrients

Iris continues to eat well—we feed her about 4 times/day. Every day she is waking up Russell at 5 or 6 am asking for food, thus interfering with his sleep. Later she gets breakfast, dinner and a late night dinner. I syringe the BSF, PSP and Maitake into her 2x/day, as it's too hard to do it 3x/day on workdays. Yesterday, when I took her outside, the harness seemed snuggier, as if she'd gained some weight. She continues to play every day and asks to go out. This morning I heard her playing with a ball outside my bedroom and right now she is trying to catch a bug on my bed. We've made an effort to give her more attention and not just leave her alone upstairs (where she hangs out to be away from Simba), and she seems happier.

So, we are hopeful now that she will recover from the lymphoma. If not, then at least her quality of life is drastically improved, as she is clearly feeling well now. We are glad that we did not listen to the vet's prognosis and just give up and put her to sleep. It seems there are some illnesses for which even holistic vets can offer no effective treatment, as the treatments that could help are not widely known or have been used mainly in people and not animals. I don't know if anyone has used holistic treatments on a cat with lymphoma and seen it get well—I found nothing on this when searching the Internet.

We have encountered this in our business where my husband has seen numerous dogs recover from IMHA (Immune Mediated Hemolytic Anemia), an almost always fatal illness that neither conventional nor holistic vets have an effective treatment for. Russell has seen dogs totally recover from this after taking our algae supplement (BioSuperfood or BioPreparation). It's interesting that when the owners tell their vet about how their dog recovered, typically the vet is not interested. It just doesn't fit into their "box" of how they understand the world, particularly if they are a conventional vet.

We have never had a pet with cancer before, and with our pets being on such an excellent diet (raw food), the question arises, why did Iris get cancer? So, I dug out her old medical records from her previous owner, and saw that she had been vaccinated 3 times (once each year) for the feline leukemia virus. We have only had Iris since August 2007; prior to that she was in two foster homes for a year and then owned by a vet tech before that. So we are seeing the consequences now of her previous poor diet and over-vaccination. When I looked up feline leukemia on the Internet, I learned that the leukemia virus causes lymphoma in cats. So, it is not too much of a stretch to think that the leukemia vaccine could also cause lymphoma in some cats. (The vet tech at my previous holistic vet's office agreed with this assessment.) Also, there was the emotional trauma Iris experienced when stuck in a tree for 2 days and nights in early November. The vaccinations probably predisposed her to lymphoma; then the emotional shock precipitated the cancer. From our research and study, we knew that vaccinations were damaging to the body—now we have first-hand proof. We hope that with the cellular nutrition we are giving her now, that we can reverse this damage sufficiently for Iris to become healthy again.

Update as of 1/18/11

Iris continues to improve every week. When she was sick, she was eating quite small amounts so we were having to feed her frequently. This week she is back to eating normal amounts at meals so we are not needing to feed her as often, and she has stopped waking Russell up every morning at 5 or 6 am for food. We weighed her a couple of days ago and she has gained 1-1/2 pounds in the past month! So she has gone from not eating at all a month ago to eating normal amounts and putting on weight. She is actually starting to look a little chubby. She is also coming downstairs again in the evenings now, to get attention, food and playing, instead of just staying upstairs by her cat tree all the time. We are really astonished at how quickly she has recovered. Russell

is so amazed he keeps saying, “maybe she just had IBD”, but the ultrasound clearly showed enlarged lymph nodes, fluid in the abdomen and a possible mass in the abdomen (tumor), in addition to the thickened intestinal walls (that by themselves could be IBD, but with the other findings, clearly indicate lymphoma). The vet had no doubt that Iris had advanced lymphoma and told us our only options were euthanasia or hospice care. We have talked to 3 different holistic vets now about lymphoma and they all told us the same thing: “There is no effective holistic treatment for lymphoma.” We don’t know if Iris is free of her cancer yet but at this point, she is free of symptoms, defying the expectations of all veterinarians, holistic or conventional. We hope that if Iris continues to improve and do well, that at least some of the holistic vets we know will show an interest in how we were able to help Iris get well, so that other pets can benefit from what we have learned.

1/25/11

Today I saw the human practitioner who has been helping us test Iris and determine the best supplement program. She is no longer picking up cancer in Iris, just “toxicity”. Iris only needs 3/4 tsp. of PSP now and 1 drop/day of Maitake. So if she has any residual cancer, it is a small enough amount to no longer show up in energetic testing. Iris is actually acting more “well” now than before she got sick with lymphoma. She is playing a lot, eating normal amounts at meals and asking to go out. We are very hopeful now that she will make a complete recovery. Eventually we will redo the ultrasound to see what it shows, but that will be stressful on her so we are not doing that anytime soon.

Iris' cancer returns

Posted on [July 29, 2011](#) by [mlouie](#)

In a previous blog in January I wrote about our experience dealing with our cat Iris' cancer. In December she had been diagnosed with intestinal lymphoma and the vets said there was no hope. We got her well again with various supplements and whole food products, as described in my [blog entry](#). Iris was doing so well that we thought the cancer was gone. Her symptoms had vanished and she was eating well. In fact, my husband was crowing about how we would do another ultrasound after 6 months to show the vets that we had cured it with our treatment. Well, as they say, "pride goes before a fall".



About 3 weeks ago, Iris stopped eating again, as she had in December when she got sick. I upped all her supplements—the BioPreparation, PSP and Maitake, to no avail. Unlike December when she got sick, these supplements seemed to have no effect on her and did not stimulate her to start eating again. I took her into the vet and had an ultrasound done on July 8, which showed advanced intestinal lymphoma and infiltration in the liver. She had a lot of fluid in her abdomen. The vet explained that with holistic

treatment, the cancer symptoms may go away for a while but the cancer does not completely disappear. It will then come roaring back later as it overwhelms the body, and this time, the holistic treatments that worked before typically do not work anymore. The animal quickly dies as its body is overwhelmed by the cancer. She said the fact that we got a remission for over 6 months with our treatment was remarkable. Information on the web about feline lymphoma says that untreated cats (meaning no prednisone and chemotherapy) will die in 4-6 weeks. When I took Iris in for the ultrasound (to a conventional vet hospital), the vet tech seemed rather startled when I told her we had only done holistic treatment for Iris' lymphoma. I guess she couldn't believe Iris was still alive 6-7 months later without chemotherapy. As in December, the holistic vet gave us the options of hospice care or euthanasia.

We contacted the animal communicator we had used in December, to try to find out what Iris wanted—whether she wanted to be euthanized right away or have us provide supportive care for her while she dealt with the cancer. We were surprised when the animal communicator said Iris was not ready to leave her body yet and that Iris didn't want us to give up on her. Iris did not agree with the death sentence from the vet. One of the few options left to us at this point was homeopathy and Iris told the communicator she was open to trying that. We had learned in March that the homeopathic vet we used to go to now has homeopathic protocols for cancer. Iris was doing so well at that time that we did not pursue the option. This vet had attended seminars in the past year to learn these protocols. Standard classical homeopathy does not tend to be very effective with cancer because one does not have the luxury of waiting days or weeks to see if the single dose of a high potency homeopathic has any effect. As a result, [some homeopathic practitioners](#) have now developed protocols to successfully treat cancer that involve much more frequent dosing, as well as using multiple remedies.

It was late on that Friday that we got the ultrasound results, so we had to wait until Monday at the earliest to see the homeopathic vet (July 11). Iris was getting worse every day and refusing to eat at all. We were syringing supplements into her and giving subcutaneous fluids to keep her going. Fortunately we were able to get an appointment for Iris on Monday with the vet, rather than waiting days to get in. To our surprise, [this vet](#) thought there was hope for Iris and we should not give up yet. She came up with a treatment plan of 3 homeopathic remedies that we began that day, which involved a daily remedy given twice daily, plus 2 weekly remedies given once a week, on Wednesdays and Sundays, 4 times/day.

At first there was no change, in fact, Iris continued to decline, still refusing food, and then she began vomiting up her supplements as well as vomiting after receiving the subcutaneous fluids. She did perk up a little on Thursday, wanting to go out in the yard (we take her on harness and leash), but was still refusing food. One of the remedies, *carcinosinum*, that was to be given on Sunday, was moved up to Friday, since Iris was not responding. On Saturday (July 16), the vet decided to change the daily remedy from *arsenicum*, which was having no apparent effect, to *carbo veg*. We gave Iris *nux vomica* Saturday afternoon, to “clear the palate” of her previous remedies, then Saturday evening, gave the first dose of *carbo veg 6C*. To my astonishment, Iris started to eat a little bit of food a few hours later. She had not eaten in a week and a half. At that point, I’d given up hope that she would improve or start eating again. She had become noticeably lighter when I picked her up, due to the weight loss from not eating. One of our customers was also doing remote energy work sessions on Iris and that Saturday had remotely “sent” the energy of *carbo veg* to Iris. Both our vet and our customer had come up with the same remedy independently, on the same day, which is fascinating. Perhaps it was the combination of the energy work and the homeopathic remedy that led to such a dramatic turnaround in Iris.

Iris continued to improve throughout that week, eating a little more each day through Friday morning (July 22) when she ravenously gobbled up 2 plates of food. However, Friday afternoon she “crashed” and began refusing food again, sitting around hunched up and looking miserable as she did when she was sick. It was as if someone flicked off the light switch, the change was so sudden and dramatic. So, we went back to the *carcinosinum* remedy again, which was to be given weekly. Apparently we had waited a little too long to repeat it. Iris started eating again on Saturday after we resumed that, and began improving again.

This past week, we have seen continued improvement. The vet examined Iris again on Tuesday, July 26, and was amazed at how much better she was doing—Iris was lively, exploring the vet’s office, had less fluid in her abdomen, had gained weight and her coat was in much better shape. Yesterday morning, Iris woke me up at 5 am, jumping repeatedly on the bed, until I got up and fed her a plate of food, which she gobbled up. This morning, she also got restless at 6 am so I had to get up to feed her. She ate another whole plate of food later this morning. So now she is starting to demand food as well as eat larger amounts, instead of refusing it as when she was sick. When we take her out in

the yard, she is lively, jumping up on the wood pile and exploring, instead of just lying around as she did when ill.

We don't know how long this remission will last—with advanced cancer, sometimes the best that can be achieved is a remission for a period of time rather than total cure—but Iris is happy and eating again, so we are happy. One thing I have learned from this episode is that homeopathy really does work if you get the right remedies. I have never seen it work this dramatically before. In fact, I have had trouble believing in it since I have never seen clear results with it. For instance, when I have injuries or pain, I take homeopathic arnica but it never touches the pain—I see no change with it. And I have never seen dramatic results with our pets, either, whether giving classical homeopathic remedies or remedies for specific symptoms. So, I was quite surprised to see Iris respond so dramatically to homeopathy.

Another thing that is clear from this episode is that animals are not always willing to die, despite the pronouncements of some New Agers that animals have no fear of or problem with death. Iris was clearly not ready or willing to die, despite being very sick, and why should she be, since she enjoys being alive, going out in her new cat run on the porch and roaming the yard?

Perhaps part of Iris' purpose in our lives is to puncture some of the myths people hold about animals, especially in the New Age and holistic health communities. For instance, many people have an idealized view of animals, painting them as flawless, perfect, all-loving beings. I believe that animals have emotional lives much like humans, and that can include “negative” emotions and behavior, if it serves their purposes. We have caught Iris lying to animal communicators, such as when she told a communicator that we never consulted with her about the new cat we got last April. In fact, we consulted with her multiple times before acquiring the cat. I think Iris lied because she was upset about the new cat, and now she had someone to complain to, so she exaggerated the facts, just as a human would do when upset about something. When I told another animal communicator about this, she was not the least surprised and gave me examples of her cat lying about certain things. Science is now starting to find proof that animals' emotional lives are much like humans, but anyone that lives with pets can observe this as well. Animals are no more perfect beings than humans are—just like us they are learning from their life experiences.

8/25/11 Update

Iris is continuing to do well. She is eating well and acting normal again. We continue to give her the homeopathic remedies—carbo veg 2x/day on weekdays, carnosinum on Saturdays, then a break on Sundays. Since she had a relapse of her cancer in July, we realize that she may not necessarily be “cured” now. Instead it may be a remission that could end at any time. So we are just grateful now for every day that she feels well and enjoys life. I am alert now for any signs of decline, so that we can change her homeopathic remedies before she gets too sick. Last week she vomited a couple of times, which alarmed me, but she continued to eat normally and the vomiting did not recur. So we hope it was part of the healing process and not a sign of decline. Our vet calls Iris a “miracle cat”, for recovering from bouts of lymphoma twice now, instead of dying as predicted. If you search on the web about feline lymphoma, you will see that it typically kills untreated cats in 4-6 weeks. “Untreated” means not treated with prednisone and chemotherapy, which we did not do with Iris, preferring to treat her naturally. So it is remarkable that she is still alive and feeling well 8 months after the initial diagnosis.

11/28/11 Update

Iris is continuing to do well. She got sick in late September from an abscessed cat bite (from her housemate Julius). Before we found the abscess, we thought she had another relapse of the lymphoma and were trying different homeopathic remedies to help her, which had no effect. Finally she bit off the fur and uncovered a deep abscess on her shoulder. We took her to the vet and began antibiotics and she quickly recovered and began eating well again. We are continuing to give her the homeopathics that helped her in July. In mid-November, I began trying a new health product and giving it to all our pets as well. It appears to be helping her, as she has had some spells of increased energy. For instance, last Monday morning she was racing around the house at top speed, something she hasn't done since I can't remember when. However, we are not promoting this product because it later made me very ill.

6/24/12 Update

It is almost a year now since Iris' relapse and she continues to do well. In January-February of this year, I was very ill and was no longer able to give Iris her homeopathics, yet she did not get worse. I gave it to her a few times in March but then ceased again, and she seems to be doing fine. Without repeating the ultrasound or doing biopsies, there is no way of knowing if she is cancer-free but her symptoms are totally gone now, and she is a plump, happy, lively cat. We keep her separate now from our 2 orange boy cats, Simba and Julius, since Julius injured Iris last September and continues to attack her when he can get to her. Iris is blossoming as a "virtual" only cat, since she hates other cats and is scared of Julius. She still races around in the morning before I feed her, so it wasn't just the supplement I gave her in December that caused that. I continue to give her the BioPreparation and PSP supplements in her food, to provide her body the nutrition it needs to stay healthy. I moved her back up to the f3+ formula of BioPreparation since that formula is suggested for anyone who has ever had cancer or is elderly. We know better now than to assume that her cancer is gone forever, but we are happy that she is seemingly recovered for now. And the holistic vet that sent her home to die is not threatened by the fact that she recovered (as many vets would be), but rather is inspired by her story, realizing that not all hopeless cases are really hopeless.

How did bio-algae concentrates do all this? It did not. Bio-algae concentrates simply supplied the body with the super nutrients of Vitamin A, B-complex, C, D, E and K, Omega 3, 6, 9, GLAs (Gamma-Linolenic Acids), ALAs (Alpha-Linolenic Acids), DGLA (Dihomogamma-Linolenic Acid), DHA (Docosahexaenoic acid) and more fatty acids, antioxidants, over 4,000 enzymes, 10 essential amino acids plus 10 non-essential ones, over 5,000 total nutrients, so the **body could resume normal function**. Bio-algae concentrates **do not treat symptoms but holistically balance the whole body**. When the **endocrine and immune systems are holistically balanced**, everything will work like it should. Bio-algae concentrates are such a revolutionary concept they are 100 years ahead of their time. Now that is true holistic wellness and **Freedom From Illness!**

We now use [ALPHA-G](#) instead of the PSP, rice polysaccharide peptide product, mentioned above.

These results are individual case studies. We cannot guarantee your results will be the same. Since each body responds differently to the super nutrition in bio-algae concentrates your results will be different. These statements have not been evaluated by the FDA. This information is not intended to diagnose, treat, prevent or cure any disease.